



## Akahai

kindness expressed with tenderness

I will control myself no matter what you do.

## Lokahi

unity expressed with harmony

I will choose connection over distance.

## 'Olu'olu

agreeable expressed with pleasantness

I will listen respectfully to understand.

## Ha'aha'a

humility expressed with modesty

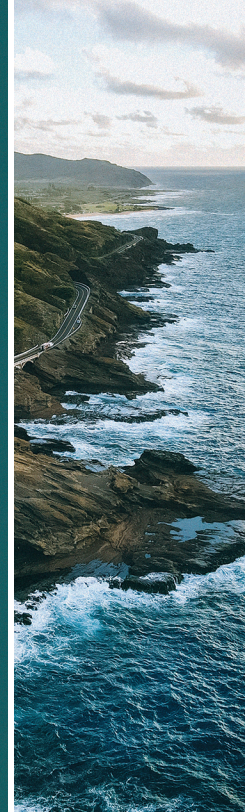
I will bring out the treasures in people.

## Ahonui

patience expressed with perseverance

I will manage my priorities and time so I will burn and not burn out.

*Based on the "Aloha Spirit" Law, Hawaii revised statutes section 5-7.5 and Allen Cardines*



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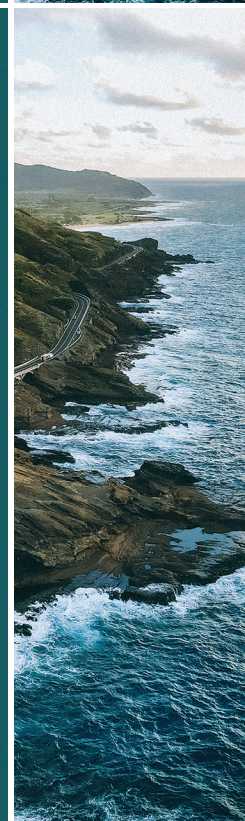
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## The ALOHA Way Covenant

I covenant to receive God's ALOHA every day for the duration of the series by experiencing God's ALOHA in its fullest: Akahai, Lokahi, Oluolu, Ha'aHa'a, Ahonui.

2-3 times a day, meditate and reflect on God's ALOHA, giving him thanks for all that he's done for you and your loved ones.

I covenant to live out God's ALOHA with my loved ones, spouse, and family every day for the duration of the series by sharing God's ALOHA with them in its fullest: Akahai, Lokahi, Oluolu, Ha'aHa'a, Ahonui.

Once a week share as a family over a meal responses to the following 3 questions:

- 1) What part of God's ALOHA did you **experience** today?
- 2) What part of God's ALOHA did you **show** today?
- 3) **Who** is someone you want to affirm on how he/she showed God's ALOHA today?

I covenant to share God's ALOHA with anyone and everyone in my sphere of influence, workplace, school, teacher, community, Hawaii, and the world for the duration of the series by sharing God's ALOHA in its fullest: Akahai, Lokahi, Oluolu, Ha'aHa'a, Ahonui.

Show one or more aspects of ALOHA daily with your sphere of influence, workplace, community i.e. co-worker, boss, waitress, cashier, etc.

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